

DEBRA'S  
NATURAL  
GOURMET

EAT WELL BE HAPPY

AUGUST 2023

703 items on sale

Cadia  
**NO-STIR PEANUT BUTTER**

(jelly also on sale!)

**\$5.49**

16 oz | reg \$7.99

Organic roast peanut butter, sustainable palm fruit oil to keep it creamy, and the merest touch of organic sugar.



Lightlife  
**TEMPEH**

original | multigrain

**\$3.29**

8 oz | reg \$4.99

Tempeh is a traditional Indonesian fermented "plant meat." High protein, whole food, nice chew, digestible.



everything from  
**NUTIVA**

oils + seeds

save **25%**

on 16 items

Virgin coconut oil is a fantastic choice for buttering your pancake griddle. also save on MCT oil, chia seeds.



Deep`  
**READY-TO-HEAT INDIAN**

dinners | samosas

**\$4.69**

reg \$6.69

Bean, dairy, and chicken-based options. Deep gets flavor right -- and doesn't overpower with heat.



Stahlbush  
**FROZEN VEGGIES**

sustainable agriculture

save **25%**

on 5 items

How cool is it to get four colors of cauliflower, or corn, in one bag. Use it the same way, but it's prettier!



Emerald Cove  
**SEA VEGETABLES**

minerals & flavor

save **20%**

on 5 items

Nori to roll your sushi, arame and wakame to sprinkle on food for that extra little bit of flavor and nutrition.



GoMacro  
**MACRO BARS**

5 flavors

**2 for \$5**

reg \$3.39



Hu  
**CHOCOLATE BARS**

paleo sweetened

**\$3.69**

reg \$5.99



Lesser Evil  
**CRUNCHY SNACKS**

sweet + savory

save **20%**

on 9 items



O.W.Y.N.  
**PROTEIN DRINKS**

35 g protein | ZERO net carbs

**2 for \$5**

reg \$4.69



Partake  
**ALLERGEN-FRIENDLY  
SOFT COOKIES**

**\$4.69**

reg \$6.79



Simple Mills  
**CRACKERS**

grain-free

**\$3.79**

...and 20% off everything else!



Bobo's  
**OAT BITES**

individually wrapped

**\$3.49**

5 bites | reg \$4.99



Silver Hills  
**POWER BAGELS**

whole grain

**\$4.39**

reg \$5.79



Cocojune  
**POUCHES & OATS**

coconut-based | dairy-free

**2 for \$4**

reg \$2.89-\$2.99



Refillery is  
open  
**RIGHT NOW!**

98 COMMONWEALTH AVE.  
CONCORD, MA 01742  
978.371.7573  
WWW.DEBRASNATURALGOURMET.COM

WORK @ DEBRA'S  
HIRING KITCHEN STAFF NOW

DEBRA'S  
NATURAL  
GOURMET

EAT WELL BE HAPPY

AUGUST 2023

703 items on sale

entire line from

**SOURCE NATURALS**

advanced nutrients

save **30%**

on 105 item

Some of the best multis we sell, lots of melatonin; formulas for the prostate, vision, joint pain and sleep.



Garden of Life

**PROBIOTICS**

"Doctor-Formulated"

save **25%**

on 14 items

Broad spectrum probiotics for gut health, immunity, healthy metabolism and more.



Host Defense

**LION'S MANE**

mushroom for the brain

save **20%**

on 4 items

Save on powders, capsules, and tincture. Tastes fine, you can add it to anything. also save on Stamets-7 blend.



Garden of Life

**COLLAGEN PEPTIDES**

grass-fed

save **36%**

now \$29.99

Great for hair, skin, nails, joints... and just plain ol' protein! Easily mixes into hot or cold beverages.



everything from

**ORGAIN**

plant protein

save **20%**

on 10 items

Organic hypoallergenic protein powders that mix easy. Plus ready-to-drink shakes in the Grocery department.



entire line from

**BARLEANS**

fish oil, flax oil

save **20%**

on 15 items

A pioneer in healthy omega-3s, from land and from sea. Pressed fresh so it tastes fresh. Wonderful for the kiddos!



save **20%**  
on all  
**STASHER**

Food-grade silicone storage for home, briefcase, and backpack; wet or dry. Boil it, bake it, freeze it, wash it, use it forever.



Biokleen

**150 LOADS LAUNDRY!**

10 pounds

**\$17.99**

reg \$24.99

Keep it clean, and keep it simple. Suitable for HE (high-efficiency) washing machines.



everything from

**ANNEMARIE BORLIND**

vegetarian & ecological

save **20%**

on 44 items

LLRegeneration for revitalizing skin, System Absolute with anti-aging properties, & ZZ Sensitive for sensitive skin.



Andalou

**SPF FACE LOTIONS**

5 items

**\$13.99**

reg \$19.99 | 2 oz

At the beach or around town, we've got you protected! Natural, beige or tan; Age-Defying or 1000 Roses Sensitive.



Everyone

**3-IN-1 SOAP QUARTS**

BIG bottles!

**\$8.99**

save \$4 on 5 scents

Bodywash, bubble bath & shampoo in one. Unscented, Coconut & Lemon, Lavender & Aloe, Citrus & Mint.



WHAT'S  
**NEW**  
@ DEBRA'S?

- Debra's Brand CBD -- superior quality
- bone broth for dogs
- frozen coffee concentrate
- organic fermented olives in the fridge
- sugarless/keto chocolate candy peanuts
- salsa macha -- for savory & sweet: your new favorite condiment made of seeds
- even more nut-free chocolates