



EAT WELL BE HAPPY

NOVEMBER 2022

684 items
online and in the store

EQUAL EXCHANGE

CHOCOLATE CHIPS

semi- & bittersweet

save **\$4.49**

10 oz | reg \$6.69



Organic, Fair Trade, and highest quality, from this beloved Massachusetts company. Also save on cocoa.

SPECTRUM

OIL, MAYO, VINEGAR

all organic

save **20%**

on 19 items



includes organic cooking oil sprays, extra virgin olive oil, walnut oil, rich virgin sesame oil...

YISHI

ASIAN OATMEAL

organic

save **\$6.99**

11.3 oz | reg \$8.49



Not-too-sweet flavors like Toasted Black Sesame, Taro Bubble Tea, and Red Bean Berry. Genuinely wonderful + warming.

EVERYTHING FROM PECAN SHOP

wild native pecans

save **20%**

bulk + packaged



We gave these people a whole write-up in our newsletter this month, because we love them, and their nuts!

IMMACULATE BAKING CO

DOUGHS

organic or gluten-free

save **\$4.99-5.99**

reg \$7.79 - \$9.79



Biscuits, flaky rolls, chocolate chip cookies, cinnamon buns. Just portion & bake. Easy-peasy.

Q MIXER

MIXERS

bottles + cans

save **\$3.49**

... and up



In our "festive libations section." You can booze them up, or savor as-is. May just be our all-time fave ginger beer.

POTATO CHIPS SHOWDOWN!

Spudlove makes THICK chips with organically / regeneratively grown potatoes from their 5th-generation family farm in Oregon. Siete makes thinner chips using non-GMO potatoes, and healthy avocado oil.

Spudlove 2 for \$7 | Siete 2 for \$6



CADIA

FROZEN FRUITS + VEG

10 organic items

save **25%**

on this already economical brand



EVERYTHING FROM

ALDEN'S

pints, tubs, sandwiches

save **25%**

on 20 items



NUTIVA

COCONUT OILS

includes liquid + vegan ghee

save **20%**

on 7 items



BOBO'S

OAT BITES

4 flavors

save **\$3.49**

5 bites | reg \$4.99



EVERYTHING FROM

NAVITAS

goji | cacao | superfoods

save **25%**

on 18 items



MAYA KAIMAL

EVERYDAY MEALS

vegan + flavorful

2 for \$7

rice 2 for \$5



NATIERRA

FREEZE-DRIED FRUIT

on 5 organic varieties

save **\$4.99**

raspberries \$7.39



Refillery is
open
RIGHT NOW!

98 COMMONWEALTH AVE.
CONCORD, MA 01742
978.371.7573
WWW.DEBRASNATURALGOURMET.COM

HIRING KITCHEN STAFF NOW
CURBSIDE PICKUP:
HTTPS://DEBRAS.STOREBYWEB.COM



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EVERYTHING FROM POTTER HEMP

CBD, CBG, CBN

save **30%**
on 10 items



already our best price on premium CBD, from this Massachusetts brand. Blends specialized for calm, sleep, pain...

SOLARAY PROBIOTICS

in the fridge

save **25%**
on 5 items



Gut health. Immune health. High potencies with proven stability to last through their expiration dates.

EVERYTHING FROM BARLEANS

fish oil, flax oil

save **20%**
on 13 items



The flax pioneers, no with "swirl" fish oils that taste like cake frosting. Get your omega-3s!

HOST DEFENSE IMMUNE MUSHROOMS

liquid | capsules

save **25%**
on 3 items



Daily mushrooms are one of the best things we can do for our immunity. Organic blend of 14 medicinal species.

NORDIC NATURALS VITAMINS C, D

gummies, capsules

save **25%**
on 9 items



If you're going to do a gummy, it might as well use organic sugar, be vegetarian, and taste delicious.

EVERYTHING FROM BLUEBONNET

Texas!

save **20%**
on 21 items



B-vitamins, Calcium, and buffered chelated magnesium. Plus a great protein powder, too.

EVERYTHING FROM EVANHEALY

very clean beauty

save **20%**
on 35 items



Organic ingredients sourced from family farms and women's co-ops. Full line of facial care products, perfect for gifting.

EVERYTHING FROM PRANAROM

aromatherapy

save **20%**
on 91 items



Staff favorite aromatherapy! Organic essential oils, sustainable wellness, holiday-inspired scents for diffusing.

HERBATINT HAIR DYES

natural colors

save **\$15⁹⁹**

29 shades | reg \$19.99



Easy application to cover greys. From blonde to black, red... even violet! Free application kit while supplies last.

CABOO FLUSHABLE WIPES

septic safe | tree-free

save **\$3⁹⁹**

60 wipes | reg \$4.99



Bamboo flushable wipes, unscented & hypoallergenic. Nice to have handy in the car, backpack, or briefcase.

EVERYTHING FROM VITAL PLANET

pet wellness

save **20%**
on 11 items



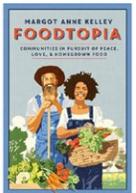
Includes organic CBD drops, probiotics for digestive and immune system, chewable multivitamin, and omegas.

MARGOT ANNE KELLEY FOODTOPIA

hardcover

save **\$22⁶⁹**

reg \$28.99



What a thrill to have this author in our store last month. Fascinating book, scholarship in a conversational tone.

WHAT'S NEW @ DEBRA'S?

- Crescent Ridge glass bottle milk
- the vegan Notburger
- Solely organic fruit jerky
- Kin celebratory / functional beverages
- Stasher silicone storage bags
- gallons of water
- the return of organic Poha rice!
- smoked Urfa chili pepper in bulk