

DEBRA'S
NATURAL
GOURMET

EAT WELL BE HAPPY

SEPTEMBER * 2020

901 items on sale
in store + curbside/online

FOOD FOR LIFE / EZEKIAL
SPROUTED GRAIN
TORTILLAS

\$3.49

save \$1



Sprouted whole grains are more digestible. A dozen 6-inch tortillas, or a half-dozen 9-inch tortillas.

ALDEN'S ORGANIC
ICE CREAM
NOVELTIES

\$4.29+

up to \$5.99



Ice cream sandwiches, bars, sorbet pop-sicles. Check out the Sammies – round, double-stuffed sandwiches, 4 to a box.

SAFE CATCH
WILD TUNA

ASSORTED FLAVORS

2 for \$5

2.6 oz | reg \$3.29



Wild caught, and tested to be lowest in mercury. Choose from Herbed, Chili Lime, and Citrus Pepper.

LAVVA
PLANT-BASED
YOGURTS

\$1.79

5.3 oz | save \$0.60



Made from creamy Pili Nuts. Save from 6 delicious single-serve flavors like mango and raspberry, or the 16-oz plain for \$4.79

THE NEW PRIMAL
SALAD DRESSINGS

ASSORTED FLAVORS

\$5.49

10 oz | save \$6.99



The New Primal is all about using heart-healthy fats and oils in everyday products. Some of these flavors are BOLD!

TWO DOZEN VARIETIES
YOGI TEAS

GREEN, RED, HERBAL

2 for \$7

16 bags | reg \$5.19



Prepare for fall with teas crafted to be delicious... and others that are medicinal. Plain green tea, too.

BEYOND MEAT
PLANT SAUSAGES

ITALIAN + BRATS

\$6.79

14 oz | save \$ 1.20



KITE HILL
PLANT-BASED
CREAM CHEESES

\$6.39

8 oz | compare to \$7.99-\$9.95



CHAMELEON
COLD BREW COFFEE

BLACK | MOCHA | VANILLA

\$3.49

10 oz | reg \$4.29



MARY'S GONE CRACKERS
CRACKERS

5 GLUTEN-FREE FLAVORS

\$4.49

reg \$5.59



GOOD HEALTH
POTATO CHIPS

COOKED IN AVOCADO OIL

\$2.50

5 oz | reg \$3.49



ORGANIC VALLEY
SHREDDED CHEESES

ASSORTED VARIETIES

\$3.99

6 oz | save \$1.30



TAALI
POPPED WATER LILY SEEDS

4 CRUNCHY, SNACKY FLAVORS

\$3.49

2.3 oz | reg \$4.99



UNREAL
GEMS - 3 FLAVORS

THEY'RE LIKE NATURAL M&MS!

\$4.79

6 oz | reg \$6.19



MAYA KAIMAL
EVERY DAL

HEAT'N'EAT LENTIL MEALS

\$3.49

reg \$4.99



West Concord
SINCE 1989

The Universe

98 COMMONWEALTH AVE.

CONCORD, MA 01742

978.371.7573

WWW.DEBRASNATURALGOURMET.COM

JOIN US IN PERSON, OR ORDER FOR CURBSIDE
PICKUP VIA WWW.DEBRASNATURALGOURMET.COM/
ORDER-ONLINE. SALES PRICES VALID ONLINE, TOO.

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EVERYTHING FROM
SOURCE NATURALS

TABLETS, CAPSULES, POWDERS

25% Off

on 96 items



Some of our very best multivitamins, plus Wellness Formula, sleep formulas, vitamin C, zinc, and the whole gamut.

EVERYTHING FROM
PLANETARY HERBALS

LIQUIDS, TABLETS, SYRUPS

25% Off

on 35 items



The fusion of Western, Ayurvedic and Chinese herbalism, all in a company helmed by the great Roy Upton.

EVERYTHING FROM
PLUS CBD

LIQUIDS, CAPSULES, GUMMIES

20% Off

on 15 items



Industrial hemp from Europe is extracted to produce these lab-tested, THC-free products for pain, anxiety, more.

twice every year, it's...

DEBRA'S BRAND MONTH!

20% Off ALL Debra's Brand products: over 500 vitamins, herbs, essential oils, yummy roast nuts, cookbooks...

EVERYTHING FROM
SUNSOIL
VERMONT CBD

25% off

on 8 items



Farmed well, extracted simply. This is the company you loved, that used to be called Green Mountain CBD.

EVERYTHING FROM
DOCTOR HAUSCHKA

20% Off

on 99 items



Our annual sale from this highly coveted spa brand. Why go all the way to Canyon Ranch, when you can get it at Debra's?

EVERYTHING FROM
ANNEMARIE BORLIND

25% off

on 37 items



Need we say any more...? A tradition based in nature and the beauty of the Black Forest for over 60 years.

EO / EVERYONE
SOAPS AND LOTIONS

20% off

on 11 items



"Everyday basics for the whole family" means these are large containers of simple, clean stuff, at good prices.

BETTER LIFE

"SPECIAL PROJECT" HOUSEHOLD CLEANERS

\$3.99

on 3 items



Stainless steel cleaner. Wood cleaner. Granite and Marble Cleaner. High rankings from Environmental Working Group.

WEDDERSPOON

MANUKA HONEY DROPS

\$8.49

save \$3



Pure New Zealand Manuka honey blended with herbs into lozenges that powerfully soothe and heal sore throats.

ASSORTED PET FOOD

CASTOR + POLLUX

20% Off

on 19 items



All large cans for dogs and cats, all 3- to 4-pound bags of dry food. Organic, wild, free range... and mostly grain-free.

What's New @ Debra's?

- Fresh every Tuesday, Israeli street bagels from Sweet Tahini (plus oh! their fudge!)
- vinegar bathroom cleaner and baking soda rug refresher from Aunt Fannie's
- fermented sea veggies from Atlantic Farms
- is "Irish-style hot sauce" an oxymoron? The folks at Craic don't think so... MA company
- CBD teas from Traditional Medicinals