

DEBRA'S
NATURAL
GOURMET

EAT WELL BE HAPPY

JANUARY * 2020

869 items on sale
even more in the store

NAVITAS ORGANICS
RAW CACAO
NIBS + POWDER

\$12.99

16 oz | reg \$18.39



Raw cacao is packed with antioxidants, magnesium + fiber – a true health food!! Also save on 8-oz bags now \$6.99.

HERBAL TEAS
**TRADITIONAL
MEDICINALS**

\$3.99

16 bags | save \$1.70



From the medicinal to the delightful. Cold care, stomach care, and of course the ever-popular "Smooth Move."

CAULIPOWER
CHICKEN TENDERS

REGULAR + SPICY

\$7.99

14 oz | save \$2



A big bag of gluten-free, non-GMO tenders with a little bit of cauliflower in the "breeding." Fully cooked; just heat & eat.

WILD PLANET
SARDINES

ALL VARIETIES

\$1.99

~4.25 oz | save \$1.30



Sustainably fished. You can get them packed in water, oil, or tomato sauce. We love that the oil is real extra virgin olive oil!

WYMAN'S
WILD BLUEBERRIES

FROZEN

\$8.99

3 lbs | save \$5



A great price to jumpstart your New Year's Smoothie Resolutions. (Also, for making pie). Also, 15 oz bag \$2.99

BLAKE'S
SAVORY PIES

ORGANIC + GLUTEN-FREE

\$3.99

8 oz | save \$2.20



We know you cook! But sometimes, you don't want to cook... Melt a few ounces of cheddar on top, and you're set.

KETTLE & FIRE
BONE BROTHS

CHICKEN + BEEF

\$5.99

Also: soups \$6.99



VEGAN ROB'S & BEANFIELDS
**SNACK PUFFS
& BEAN CHIPS**

2/\$5

reg \$3.19-\$3.69 each



LUNDBERG
RICE CAKES

ASSORTED VARIETIES

\$2.99

8 oz | reg \$4.49



NUTIVA
CHIA SEEDS

ASSORTED VARIETIES

\$9.99

12 oz | save \$4-\$4.40



GT's
KOMBUCHA

LIVING | PROBIOTIC

\$2.99

16 oz | save \$1.20



KITU
SUPER COFFEE

COMPARE TO "BULLETPROOF"

\$2.49

12 oz | save \$1



CANYON BAKEHOUSE
GLUTEN-FREE BREADS

ASSORTED VARIETIES

\$4.99

frozen | save \$2



FIELD ROAST
PLANT SAUSAGES

ASSORTED VARIETIES

\$3.99

12.95 oz | save \$3



NANCY'S
OATMILK YOGURTS

NON-DAIRY

\$1.29

6 oz | save \$0.50



West Concord
SINCE 1989
The Universe

98 COMMONWEALTH AVE.
CONCORD, MA 01742
978.371.7573
WWW.DEBRASNATURALGOURMET.COM

FOLLOW US ON FACEBOOK FOR EPIC "3-DAY
WEEKEND" SALES EVERY FRIDAY, SATURDAY, SUN-
DAY. WE LET YOU KNOW THURSDAY NIGHTS...



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869 items on sale
even more in the store

EVERYTHING FROM
SUNSOIL CBD
LIQUIDS | CAPSULES | SALVE

20% Off
on 7 items

Clean, simple CBD. Grown in Vermont. Extracted and bottled in Vermont.



EVERYTHING FROM
PERFORMANCE TEAS
INSTANT CBD BEVERAGES

20% Off
on 7 items

Revive, for pain and inflammation. Recovery, to recover from stress. Snooze, to promote restful sleep.



EVERYTHING FROM
GAIA HERBS
NORTH CAROLINA

25% Off
on 82 items

Quick Defense for head colds, Elderberry for the flu, Sleep Thru to stay asleep, Adrenal Health to stay relaxed + vigorous.



TWICE A YEAR, IT'S... Debra's Brand Month!

If it has our name on it, we're proud of it... and now it's on sale! Take 20% off all Debra's brand vitamins, herbs, essential oils, proteins powders, aprons, LastBags, and a few hundred etceteras. Take \$1 off Debra's branded food – nuts, chocolates, etc. Hundreds and hundreds of items on sale. Sale does not include bulk items or our kitchen.

EVERYTHING FROM
NATURAL STACKS
BRAIN HEALTH + MORE

25% Off
on 11 items

Optimize your brain with scientific formulations to enhance serotonin, dopamine, acetylcholine, and GABA



EVERYTHING FROM
MYCHELLE
NATURAL BEAUTY

20% off
on 47 items

MyChelle's scientifically advanced formulas are based on clean bioactives that provide unmatched, professional results.



ALL
ACURE
FACECARE

20% off
on 28 items

Founded on sustainable practices, Acure are wellness enthusiasts who believe in the power of purity to uplift the way you feel.



ALL
ANDALOU
FACECARE

20% Off
on 28 items

Say hello to your best, most radiant complexion. You should never have to compromise ethics in favor of efficacy.



EVERYTHING FROM
VITAL PROTEINS
PALEO PROTEIN + LIVER PILLS

20% Off
on 8 items | tubs + packets

Collagen is the #1 protein for skin, hair, and joints. We have grass-fed collagen peptides & gelatin, and marine collagen.



7TH GENERATION
BATH TISSUE
UNBLEACHED

\$9.99
12 rolls | save \$3.50

...and while you're shopping for toilet roll, don't miss our new bulk cleaning goods section!



OUR OWN
ORGANIC PEASANT
SPLIT PEA SOUP

\$4.99
1 pint | save \$1

We do this every January. Start the new year with nourishing simplicity. Organic, hearty, vegan. Made from scratch.



What's New @ Debra's?

- IN BULK! Household cleaners and body-care soaps from our hand-picked vendors.
- A few new soft cheeses
- organic whole grain alphabet noodles!
- gall soap stain remover from Sonett
- beef pastrami from Walden Local Meats
- bamboo razor from Bulldog
- ...and Debra's new book!