



EAT WELL BE HAPPY

FEBRUARY \* 2019

almost 500 items on sale  
even more in the store

FROM SOMERVILLE, MA!

**TAZA CHOCOLATES**

4 VARIETIES

**\$2.99**

2.5 oz | save \$2



Stone-ground in Somerville, MA, Taza has a coarser grain than the smoooooth chocolate you might know. Love it or hate it...

**MIKE'S MIGHTY GOOD RAMEN CUPS**

JUST ADD WATER

**2 FOR \$3**

reg \$2.39 each



These people really hit the flavors right on the mark. The Tonkotsu (Asian pork bone broth) especially.

**BEYOND MEAT THE BEYOND BURGER**

**\$4.99**

8 oz | 2 patties | save \$2



There's a lot of "veggie" meat & milk made with GMOs and other synthetic biology. This one is not. (None of ours are).

**GTs KOMBUCHA & COCOYO**

**\$2.99**

save \$1-\$1.20



3 flavors of our best-selling coconut yogurt, nice and tart, in reusable glass jars. And all flavors of living, fermented kombucha.

**ORGANIC VALLEY RAW GRASSMILK ORGANIC CHEDDAR**

**\$5.99**

8 oz | save \$2



Dairy from animals that eat grass vs. grain is darker yellow, and rich in healthy omega-3 fats + CLA. Grazed cattle are happy cattle.

**EARTHBOUND FARM RICED CAULIFLOWER**

**\$2.99**

10 oz | save \$1.50

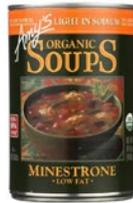


Eat more vegetables! Just plain cauliflower, made into rice-size nuggets. Use as you'd use rice, almost entirely starch-free!

**AMY'S LOW-SODIUM CANNED SOUPS**

**2 FOR \$5**

regular \$3.39 ea



**ASSORTED CHIPS FROM TERRA, LATE JULY, & LUNDBERG**

**2 FOR \$5**

rice chips, corn chips, beet chips



**MARY'S GONE CRACKERS ALL CRACKERS**

**\$3.99**

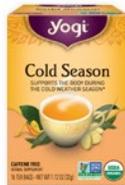
6.5 oz | save \$1.60



**EVERYTHING FROM YOGI TEA CULINARY & MEDICINAL**

**\$2.99**

26 varieties | save \$1.60



**LUNA & LARRY'S COCONUT BLISS**

**\$5.99**

ice cream sandwiches \$3.99



**CROFTER'S PRESERVES**

**\$2.99**

10 oz | save \$2



**SIETE GRAIN-FREE TORTILLA CHIPS**

**\$3.99**

5 oz | save \$1.50



**TASTE NIRVANA COCONUT WATER**

**\$1.69**

1/2 liter | save \$1.10



**CAFE ALTURA INSTANT COFFEE**

**\$7.99**

3.5 oz | save \$4



West Concord  
**SINCE 1989**  
The Universe

98 COMMONWEALTH AVE.  
CONCORD, MA 01742  
978.371.7573  
WWW.DEBRASNATURALGOURMET.COM

FOLLOW US ON FACEBOOK FOR EPIC "3-DAY WEEKEND" SALES EVERY FRIDAY, SATURDAY, SUNDAY. WE LET YOU KNOW THURSDAY NIGHTS...



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almost 500 items on sale  
even more in the store

EVERYTHING FROM  
**STRAIGHT HEMP**  
Colorado CBD

**20% Off**

on 10 items

Our fullest full-spectrum CBD. Includes liquid, salve, and vape pens. Ask for the 4 oz / 4,000 mg bottle behind the counter.



EVERYTHING FROM  
**NATURAL FACTORS**  
the entire line

**25% Off**

on 82 items

Canada's preeminent supplement company. Discount taken off regular retail. No additional discount on items already >25%



IMMUNITY SALE FROM  
**HOST DEFENSE**  
The Paul Stamets Co.

**25% Off**

on 7 items

25% off retail on Mycommunity 14-mushroom blend, Stamets-7, Turkey Tail, and MycoShield throat sprays.



IMMUNE SALE FROM  
**GAIA HERBS**  
Assorted Products

**25% Off**

on 11 items

Save on immunity best-sellers like Elderberry, Quick Defense, lozenges, Echinacea/Goldenseal, oregano, and olive leaf.



BLUEBONNET  
**SIMPLY CALM**  
MAGNESIUM DRINK POWDER

**\$19.99**

90 servings | save \$5

Just add water. Unsweetened or Raspberry Lemon flavor. Use it to balance calcium, for regularity, to ease tension & cramping.



EVERYTHING FROM  
**NEWTON**  
HOMEOPATHICS

**\$13.99**

26 items | save \$4

Debra personally is a fan of this line, with formulas for... just about everything. Accident~Injury is a perennial favorite.



EVERYTHING FROM  
**MINERAL FUSION**

**20% Off**

on 139 items

Mineral makeup, nail polish, mascara, foundation, and the whole gamut of natural, non-toxic beauty.



FROM GIOVANNI  
**ALL SHAMPOOS & CONDITIONERS**

**20% Off**

on 22 sizes and varieties

Includes TSA-allowed travel sizes. The Triple Treat is minty and eucalyptus-y – great for everyday, and to repel lice.



FROM WELEDA  
**ALL VARIETIES SKIN FOOD**

**20% Off**

on 5 items

Yes, there are now varieties. Skin Food Light is... lighter. The Body Butter is thicker. And of course the original.



EVERYTHING FROM  
**NATUREZWAY**  
sustainable home

**20% Off**

on 7 items

Bamboo-derived bath tissue, floor wipes, and kitchen towels; dish sponges and biodegradable trash bags in 3 sizes.



ARK NATURALS  
**JOINT RESCUE**  
therapeutic chews

**\$9.99**

9 oz | save \$2.80

Soft meaty chews with glucosamine, MSM, and sea cucumber to reduce inflammation and rebuild hips and joints.



BOOK  
**EAT WHAT YOU LOVE**

**\$25.99**

reg \$35

from the author of Against the Grain. "Comfort food you crave" that's also gluten-free, dairy-free, paleo, etc.



What's New @ Debra's?

- tahini-CBD bites from Tesse in Cambridge
- 1-Lb bag chicken nuggets from Applegate
- Black Cardamom seltzer from DRAM
- Nibbly Fingers toddler bars from Ella's
- assorted supplements from Onnit
- herbal "koffee" from Rasa – with caffeine
- green tea lemon white chocolate hearts
- fresh organic butter oyster mushrooms