



EAT WELL BE HAPPY

February * 2018

271 items on sale

LA TOURANGELLE AVOCADO OIL COLD-PRESSED

\$8.99

1/2 liter | save \$3.90



Section two blood oranges. Toss with 2 cups radicchio or endive, 1/2 cup walnuts, coarse black pepper & avocado oil.

REBBL TONICS ELIXIRS ASSORTED FLAVORS

\$2.99

12 oz | save \$1.80



Creamy coconut milk and tonic, antioxidant herbs make these beverages (cliche alert!) delicious AND nutritious.

CROFTER'S JAMS & FRUIT SPREADS

\$2.99

10 oz | save \$2



4 organic & 3 BIODYNAM flavors. Wonderful to see biodynamic agriculture moving closer to the mainstream in the US.

BUBBA'S FINE FOODS PALEO SNACKS

\$3.39

4 oz | save \$1.60



Righteous Ranch, Original & Smokey Chipotle. This isn't organic junk food. These are quality ingredients, healthy fats.

JACKSON'S HONEST POTATO CHIPS ASSORTED VARIETIES

\$2.79

5 oz | save \$1.20



A wonderful family company, fresh off securing funding on Shark Tank. Cooked in 100% virgin coconut oil.

LUNA & LARRY'S COCONUT BLISS ASSORTED FLAVORS

\$4.49

16 oz | save \$2.50



We recommend the vanilla... so you can doctor it up. Try chopped pistachios, saffron, and a drizzle of black sesame oil.

DAIYA DAIRY-FREE FROZEN PIZZAS SUPREME & MARGH.

\$5.99

16-19 oz | save \$3



MAPLE HILL GREEK YOGURT PLAIN & VANILLA

\$3.99

16 oz | save \$2



SO DELICIOUS NO SUGAR COCONUT MILK SUBSTITUTES

\$2.99

64 oz | save \$1.90



GT's KOMBUCHA GINGER & TRILOGY

\$2.99

16 oz | save \$1.20



RISING MOON BUTTERNUT RAVIOLI

\$3.29

8 oz | save \$2.40



TRIPLE LEAF GINGER TEA SUPER-GINGERY!

\$2.99

20 bags | save \$1.80



LAKWOOD POMEGRANATE JUICE BLEND

\$3.29

1 quart | save \$2.10



SIGGI'S ICELANDIC-STYLE YOGURT CUPS

\$1.09

5.3 oz | save \$0.60



THEO CHOCOLATE BARS BUY 1, GET THE 2ND ONE...

...1/2 OFF

3 oz | reg \$3.99 ea



2015 USA
Retailer of
the Year!

98 COMMONWEALTH AVE.
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978.371.7573
WWW.DEBRASNATURALGOURMET.

FOLLOW US ON FACEBOOK FOR EPIC
"3-DAY WEEKEND" SALES EVERY FRIDAY,
SATURDAY, SUNDAY. WE LET YOU KNOW
THURSDAY NIGHTS...



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LIQUID & CAPSULES ALL FLAX OILS from BARLEANS

20% OFF

on 8 items



Plant-based omega-3s, to dress your salad or throw in your smoothies.

NATURE'S WAY ALL UMCKA & SAMBUCUS

20% OFF

on 15 items



South African Umcka for colds, in syrups, lozenges, and hot liquid. European Sambucus (elderberry) for flus. It all tastes good!

JARROW FORMULAS ALL PROBIOTICS

REFRIGERATED & NON

30% OFF

on 22 items



General health, women's health, oral health – you name it, Jarrow has it, top quality at a very reasonable price.

EVERYTHING FROM NATURAL FACTORS

25% OFF

on 47 items



Canada's premier supplement company, still privately owned (by a really nice, very principled guy). Top quality products for sleep & relaxation, hair and nails, inflammation, weight control, and much more. (Note: items normally more than 25% off are not additionally discounted).

COUNTRY LIFE ALL CALCIUM PRODUCTS

25% OFF

on 9 products



From straight-up "Big Pill, High Dose" calcium-magnesium, to more rounded blends.

AVALON ORGANICS SHAMPOOS & CONDITIONERS

20% OFF

on 6 items



Plant-based hair care. Vegan and biodegradable. 11- and 14-ounce.

EVERYTHING FROM WELEDA SINCE 1921

20% OFF

on 64 items



Foot balms and scalp oils, the very best baby care, body wash, and nourishment for dry skin. One of our favorite brands!

ALL GABRIEL LIPSTICKS

20% OFF

on 24 colours



Do *NOT* compromise your health for fashion! Gabriel lipsticks are vegan, use only natural colors, and are gluten-free.

DOGSWELL VITALITY CHICKEN BREAST JERKY

\$12.49

13.5 oz | save \$3.50



USA-made. Chicken breast is the #1 ingredient, and the rest is grain-free, and absolutely nothing artificial.

EARTH KIND STAY AWAY

...Moths, Mice...

\$4.79

...Ants, Spiders...



Compare to \$6.99 on these strong aromatherapy sachets to repel the pest of your choosing. Or, not choosing.

STAINLESS WATER BOTTLES

20% OFF

assorted varieties



Sale is on all bottles from S'well and StudioOh. Both use stainless liners, and are insulated to keep hot or cold for hours.

WHAT'S NEW @ DEBRA'S?

- flavored tea bags from Rishi
- VegNature vegan "goat cheese" logs
- Yoyo's dog cookies
- Hero's Blend spagyric ashwagandha tincture
- non-GMO parmigiano reggiano D.O.P.
- 3 new coffees from Granite Ledge
- Total Life Cleanse book | Jonathan Glass
- Don't Go Nuts allergen-friendly bars