

TOFURKY  
**VEGGIE ROAST**  
WITH WILD RICE STUFFING



**\$9.99**

26 OUNCE | SAVE \$4.80

The original! A big 1 pound, 10 ounce veggie centerpiece you can actually carve.

ALDEN'S ORGANIC  
**ICE CREAM**  
BIG 3-PINT TUBS



**\$5.99**

compare to \$7.99

No holiday is complete without a big tub of vanilla to go with that pie, cake, fruit, brownies... Also Cookies & Cream, Salted Caramel, Mint Chip, etc.

**ALL CADIA & PACIFIC BROTHS**

2 FOR \$4 ON CADIA

**Sale!**

Buy 2, Get 1 on Pacific



Choose from Vegetable, Mushroom, Beef, and Chicken in both regular and low-sodium. Stock up the pantry for all of winter. (Pacific reg \$4.89 ea.)

R. W. KNUDSEN  
**SPARKLING POMEGRANATE**  
NON-ALCOHOLIC



**\$2.99**

750 ml | save \$2.10

Holidays or not, we always have a selection of non-alcoholic festive libations. Ginger beers, Tost sparkling white,

HOLIDAY BAKING...  
**VEGAN & LACTOSE-FREE BUTTERS**



**Sale**

assorted brands

Earth Balance stick 16 oz \$2.99, save \$2.30... Miyoko's cultured vegan 8 oz \$3.99, save \$1.50... Green Valley lactose-free 8 oz \$4.99, save \$2

LUNA & LARRY  
**COCONUT BLISS**  
NON-DAIRY ICE CREAM



**\$4.99**

1 pint | save \$2

Not even the most die-hard dairy fan will blink at this true superpremium dairy-free organic treat. Vanilla, dark chocolate, ginger cookie & more...

ARROWHEAD MILLS  
**STUFFING MIX**  
ORGANIC SAVORY HERB



**\$2.99**

10 oz | save \$1.30

FARMER'S MARKET  
**CANNED PUMPKIN**  
ORGANIC, NOTHING ADDED



**B2G1**

Buy 2, Get 1 | \$3.29 ea

HILARY'S  
**VEGGIE BURGERS**  
3 VARIETIES



**2/\$5**

2 burgers | reg \$3.79 ea

THEO ORGANIC  
**CHOCOLATE BARS**  
11 VARIETIES



**B2G1**

3 oz | reg \$3.99 ea

NATURE'S PATH  
**QI'A OATMEAL**  
3 VARIETIES



**\$3.99**

8 oz | save \$2

JACKSON'S HONEST  
**POTATO CHIPS**  
5 VARIETIES



**\$2.99**

5 oz | save \$1

KINGDOM ORGANIC  
**U.K. CHEDDAR**  
SHARP & CARAMELIZED ONION



**\$3.99**

6 oz | save \$2

SO DELICIOUS  
**CREAMERS**  
NON-DAIRY



**\$1.99**

16 oz | save 80 c

ORGANIC VALLEY  
**CULTURED BUTTER**  
SALTED & UNSALTED



**\$4.99**

1 pound | save \$2

2015 USA  
Retailer of  
the Year!

98 COMMONWEALTH AVE.  
CONCORD, MA 01742  
978.371.7573  
WWW.DEBRASNATURALGOURMET.COM

FOLLOW US ON FACEBOOK FOR EPIC "3-DAY WEEK-END" SALES EVERY FRIDAY, SATURDAY, SUNDAY.

WE LET YOU KNOW THURSDAY NIGHT...

EVERYTHING FROM  
**SOURCE NATURALS &  
PLANETARY HERBALS**

**40% off**

on 145 items



Save 40% off regular price on everything from these sister companies. Multivitamins, cold-and-flu formulas, digestive support & much more.

EVERYTHING FROM  
**JARROW FORMULAS**  
Men's & Women's

**25% off**

on 134 items



Store favorite Bone-Up formula with calcium microcrystalline hydroxyapatite (MCHA), sugar-free kids' multi, B-vitamins, NAC, and very much more!

EVERYTHING FROM  
**HOST DEFENSE**  
THE PAUL STAMETS Co.

**25% off**

on 21 items



Organically-grown mushrooms and mushroom formulas. Cordyceps for energy; Mycommunity for immune health, Breathe for... breathing(!); much more.



Pies, anyone? It's time to order **Thanksgiving goodness from our kitchen.** For 28 years, we've been Concord's non-gluten, dairy-free, whole grain & vegetarian experts... we'll make you proud! We've got all your fresh and hard-to-find ingredients, non-alcoholic libations & everything for the morning-after breakfast. Don't forget to reserve your **organic turkey.** 978.371.7573

RENEWLIFE  
**INTESTINEW**  
POWDER & CAPSULES

**\$26.99**

90 caps | save \$10



...or powder \$28.99, save \$11. Leaky gut? This tried-and true formula blends L-glutamine and botanicals to soothe and repair an eroded gut lining.

ANDALOU  
**1,000 ROSES  
FACIAL CARE**

**20% off**

on 8 items



Andalou's most popular line! For sensitive skin -- with Alpine Rose stem cells.

NATURE'S ANSWER  
**PERIOBRITE**  
RUB, TOOTHPASTE, MOUTHWASH

**20% off**

on 3 items



Oral care promoting tooth and gum wellness. With aloe, an array of organic herbs, and CoQ10 to promote cell vitality in the gums.

AURA CACIA  
**BUBBLE BATHS**  
3 BOTANICAL SCENTS

**\$5.99**

13 oz | save 1.60



Create mounds of aromatherapeutic bubbles: Comforting Geranium, Tranquil Chamomile, and Relaxing Lavender.

GAIA HERBS  
**BOTANICAL/MEDICINAL  
ORGANIC TEAS**

**\$3.99**

16 tea bags | save \$2



Crafted to actually work! Sinus Comfort, Gas & Bloating, Throat Relief, Bronchial Comfort, Throat Shield, Liver Cleanse, and more.

IF YOU CARE  
**PAPER GOODS, BAGS,  
FOIL, FILTERS, ETC.**

**Sale**

on 11 items

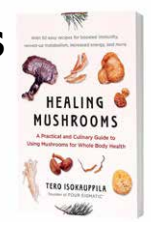


Save around 25% on coffee filters, wax paper, aluminum foil, sandwich bags & trash bags from this company that tries to make disposables greener.

SOFTCOVER BOOK  
**HEALING MUSHROOMS**  
224 pages

**\$11.99**

Tero Isokaupilla



Learn about culinary and medicinal mushrooms to support health every day. Includes 50 mushroom recipes.

WHAT'S NEW  
@  
DEBRA'S?

- essential oils & hydrosols from Veriditas
- over 50 new makeups from Dr. Hauschka
- Tunisian tomato sauces from Les Moulins
- even more flavors Happy Baby food @ \$1.49
- organic maple cotton candy
- the return of Rougie duck fat in a jar
- local blueberry-sage breakfast sausage
- seaweed ramen broth from Ocean's Halo