

DEBRA'S NATURAL GOURMET

EAT WELL BE HAPPY

May * 2017

293 items on sale!

ORGANIC FAIR SODA SYRUPS

HANDCRAFTED

\$7.99

8.4 oz / save \$2



Add to mineral water, to make up to 16 cups of mineral-rich soda. Really wonderful flavors, made with organic food-grade essential oils. Low-sugar.

FRUIT BLISS SOFT DRIED FRUITS

LARGE- & SNACK-SIZE

25% off

now \$2.24 - \$5.99



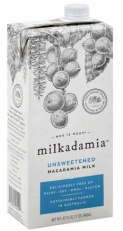
Plums, apricots, soft delicious figs, dates, & more. Sealed package keeps them moist. Watch for Fruit Bliss dried tomatoes on a 3-Day Weekend sale...!

MILKADAMIA MACADAMIA NUT MILK

VANILLA & ORIGINAL

\$2.99

32 oz / save \$1.70



Unsweetened Milkadamia can be used over cereal, in tea or coffee, just like milk. Unsweetened, with the natural nuttiness of macadamias.

THEO + GREEN & BLACK CHOCOLATE BARS!!

ALL VARIETIES

B2G1

Buy 2, Get 1 FREE



Theo from California, Green & Black's from the U.K. Flavors from milk to dark; mint, cherry, almond, salted caramel, ginger, & more and more...

WILD PLANET SARDINES

ALL VARIETIES

\$1.99

4.375 oz / save \$1.30



Small, cold-water, fatty wild fish are our richest and cleanest food source of heart- and brain-healthy omega-3 fats. (Plus: delicious).

BEYOND MEAT "CHICKEN" STRIPS

SEASONED & GRILLED

\$3.39

9 oz / save \$2



This is a legit, carnivore-happy-making meat substitute. Holds up in stir-fries & fajitas. Makes a mean pita sandwich, too!

SIMPLE MILLS GLUTEN-FREE COOKIES

ALMOND FLOUR / ALL FLAVORS

\$3.79

5.7 oz / save \$1.20



CROFTER'S ALL-FRUIT SPREADS

ALL 7 FLAVORS

\$2.99

10 oz / save \$2



BEANFIELDS BEAN TORTILLA CHIPS

ALL FLAVORS

2/\$5

5 oz / reg \$3.69 ea



SO DELICIOUS CASHEW MILK

UNSWEETENED PLAIN & VANILLA

2/\$5

32 oz / reg \$3.49 ea



ALDEN'S ORGANIC ICE CREAMS

ALL FLAVORS

\$5.99

That's less than \$2 a pint!



ORGANIC PRAIRIE ROASTED TURKEY BREAST

FREE RANGE, SLICED

\$5.99

6 oz / save \$1.30



FOLLOW YOUR HEART ORGANIC VEGENAISE

ORGANIC VARIETY ONLY...

\$4.49

16 oz / save \$1.50



ORGANIC VALLEY SOUR CREAM

NACHOS, ANYONE?

\$2.99

16 oz / save \$1.10



2015 USA
Retailer of
the Year!

98 COMMONWEALTH AVE.
CONCORD, MA 01742
978.371.7573
WWW.DEBRASNATURALGOURMET.COM

FOLLOW US ON FACEBOOK FOR EPIC "3-DAY WEEKEND" SALES EVERY FRIDAY, SATURDAY, SUNDAY.

WE LET YOU KNOW THURSDAY NIGHT...

DEBRA'S NATURAL GOURMET

EAT WELL BE HAPPY

May * 2017

293 items on sale

SOURCE NATURALS
**EVERY SINGLE
THING THEY MAKE**

40% OFF!!*

**of suggested retail*

106 items + special orders. Check out the new magnesium threonate economy size, plus stronger digestive enzymes, & Adam's favorite multis.



PLANETARY HERBALS
**EVERY SINGLE
THING THEY MAKE**

40% OFF!!*

**of suggested retail*

39 items + special orders. Triphala for daily gentle regularity; Butterbur liqui-gels for allergies, migraines, and lung spasm; Inflamma-Care is back, too.



MOTHERLOVE
**ALL PREGNANCY &
NURSING SUPPORT**

20% Off

capsules, liquids, and salves

Promote lactation with More Milk Plus, Goat's Rue, & Moringa/Mallungay extracts. Nipple Cream & Diaper Salve, too. A true mother-and-daughter company.



**WANT TO REALLY
STAND WITH
SMALL FARMERS?**

We're proud to support Equal Exchange in Western MA, pioneers of Fair Trade for more than a quarter century.

** coffee, chocolate, nuts, & teas.*

20% off all Equal Exchange

HERBS, ETC.

CHLOROXYGEN
ALL LIQUIDS & CAPSULES

25% Off

All sizes & flavors

Chlorophyll is the green pigment in plants. A deep detoxifier, blood builder, and yes (it's true!) (here comes the euphemism) internal deodorizer.



DR. HAUSCHKA

SELECT SKINCARE

20% off

20 products

Including Rose Day cream, Cleansing Milk, Toner. Mini consults 05/18. Sign up today!



MYCHELLE

ALL SKINCARE

20% off

including suncare

Bioactive, targeted skincare using clinically proven, ethically sourced, transparently listed ingredients. Sustainable & eco-friendly manufacturing practices.



DEBRA'S BRAND
**ESSENTIAL OIL
BLENDS**

20% off

1 fl oz

Carefully crafted pure essential oil blends, including potent Bug Shield, soothing Head Relief, invigorating Energy Boost, Sleep Dreams, and Love.



WORLD CENTRIC
**BIODEGRADABLE
UTENSILS**

\$2.49

regularly \$2.99

24 utensils (8 sets of fork-knife-spoon) per box. Also on sale, biodegradable paper plates (nice and rigid) 20 9-inch plates for \$3.49.



DOGSWELL
**VITALITY CHICKEN
JERKY FOR DOGS**

\$12.79

13.5 oz | save \$3.20

Whole white meat chicken breast strips, with a little flax seed. Made in the USA.

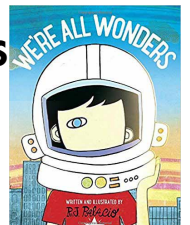


NEW CHILDREN'S BOOK
WE'RE ALL WONDERS

\$14.99

save \$4

A lovely, new illustrated book for children. Our one-eyed narrator does ordinary things, but doesn't look like ordinary kids...



**What's New
@
Debra's?**

- organic hot dogs from Applegate Farms
- smoked bluefish pate (from Boston)
- probiotic shots from Aliv (in Leominster)
- tenders, meatballs & more from Hip Chick
- raspberry & lemon sorbets from Julie's
- Houttuynia extract for the Cowden Protocol
- Sammy's Milk goat milk toddler formula
- ...and black garlic is back!